



Talkin Tarn ARC

Emergency Response Plan

In an emergency:

- Ensure you are in a safe place
- Call the emergency services on 999 or 112
- Radio to other club members if appropriate (e.g. safety launch drivers)
- The nearest **Land Line telephone** is in the Café at the water front
- **First Aid Kits** are available in
 - TTARC Boathouse
 - TTARC Safety Launch
 - Talkin Tarn Cafe
- The nearest **Defibrillator (AED)** is at the side of the Café by the water front

Location for emergency services:

Talkin Tarn Amateur Rowing Club
Talkin Tarn Country Park
Off **B6413 Tarn Road**
Brampton, Cumbria
CA8 1HN

Full Grid Reference

NY 54489 59158

Six Figure Grid Reference

NY 544 591

“down the track at the far end of the car park”

Qualified TTARC First Aiders

- Linda Watson
- Andrew Smith
- Jo Lewis
- Gill Houston

- Alan Cook
- Geoff Norman
- Clare Farley
- Patrick D Vaz
- John Pearson

Evacuation in the event of an Emergency

Inside the clubhouse

- leave by the nearest, signed, emergency exit
- Assemble outside the café building

On the water

- **Stay with your boat.**
- Attract attention from the Safety Launch or other rowers if necessary
- Return to the landing stage if possible
- Get to the water's edge if you are unable to return to the landing stage.

Suspension of club activities

- The decision to suspend rowing/ activities may be taken by Safety officer, Coaches or club Captain/ Vice Captain in conjunction (where appropriate) with safety launch drivers.
- Should this be necessary, those people shall ensure this is communicated to all relevant persons on the water, and ensure that all persons are safely retrieved to land.
- The usual Club communications methods may be used to notify members of ongoing/ imminent suspension of activities.



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Talkin Tarn ARC: Emergency Access Plan

